



Inspire 2011!



Inspiration for 2011
from members of the
OTM Academy
www.otmacademy.com



This is a free ebook with compliments from Gary Ryan. It has been created entirely from submissions from members of the [OTM Academy](#).

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What Really Matters For Young Professionals!

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How worthy is your organisation?

By Gary Ryan

My Quote

“How worthy is your organisation of the commitment of the people working for it?”

Author

Michelle Hunt, Dream Makers (www.dreammakers.org)

How this quote inspires me for 2011 and beyond

The existence of Organisations That Matter and the OTM Academy is to enable more organisations to be worthy of the commitment of the people serving in them. This quote reminds me of the importance of my work and challenges me to do everything i can to help, one person at a time, to enhance the worthiness of the organisations and institutions I serve.

About Gary

I am the founder of **Organisations That Matter** which was established in February 2007, and the **OTM Academy** which was initiated in May 2009. I published my first book [*What Really Matters For Young Professionals!*](#) in July 2010.

Having worked with many thousands of people I am convinced that the vast majority of people want to be the best that they can be. My purpose is to help people to achieve individual, team, organisational and community success through focusing on the things that really matter.

Married with five children I maintain my health & fitness by completing a minimum of two marathons per year.

Contact Gary

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Decide - then enjoy the ride!

By Cheryl Daley

My Inspirational Quote

"I think somehow we learn who we really are and then live with that decision"

Author

Eleanor Roosevelt

How this quote will inspire me for 2011 and beyond

When you know and accept who you truly are you can live your life honestly: you will not always be perfect, you can however be best in class – if that is what you decide!. This quote will inspire me in 2011 by serving as a reminder that I am a series of choices and decisions away from being the most extraordinary person I can be.

Even the hard, painful and difficult decisions will serve me if I am prepared to continue to learn and keep going.

About Cheryl

I hope to get the book that has been swirling around in my head for as long as I can remember down on paper!

I am the State Safety Training & Quality Manager Queensland for **BOOM Logistics**.

I am studying a Bachelor of Social Science part time and I am four years away from completing the course.

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Do More in 2011!

By **Gihan Perera**

My Quote

"In theory there's no difference between theory and practice. But in practice, there is."

Author

Dutch computer scientist Jan van de Snepscheut

How this quote will inspire me in 2011 and beyond

This quote constantly reminds me to put things into practice, and to do stuff, rather than just reading about it and putting it off. This is especially true in my area of expertise – the Internet – where it's so easy to make assumptions ("It's too easy", "It's too hard", "It's too much work", "This isn't right for me"). It's only when you roll up your sleeves and do things that you know what's really involved.

About Gihan

I'm an **Internet Coach** for business owners who want to leverage what they do on-line, both for marketing their business and for delivering educational material on-line.

Contact Gihan

Visit my Web site at www.GihanPerera.com or my blog at www.GihanPerera.info.



Perfecting the art of living

By Francesco Amendola

My Quote

"It's not what your country can do for you ...it's what you can do for your country"

Author

John F Kennedy

How this quote inspires me for 2011 and beyond

This inspires me to be a leader and a manager. My passion is for someday to be the president of the United Nations or something like this.

About Francesco

I am currently studying Environmental Engineering at **RMIT University**. I am currently searching for an internship/vocational type position.

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Gold medal

By Rod Sarah

My Quote

"A gold medal is a wonderful thing. But if you're not enough without one, then you'll never be enough with one"

Author

"Cool Runnings" – the above quote comes from this 1993 film loosely based on the story of the 1986 Jamaican Olympic Bobsled Team.

How this quote inspires me

My 'gold medal' will be submitting my thesis as the final step in the formal doctoral study process. So in this quote, I can insert 'PhD' instead of 'gold medal'. However, as the quote implies the PhD is only the external manifestation of who we really are, what we achieved and what we learned. Whatever our 'gold medal', what is really important is knowing deeply who we are and being comfortable and confident in that knowledge.

About Rod

Rod is a sessional lecturer at **Monash** and **Swinburne Universities**, teaching in strategic management, innovation, sustainability and learning and knowledge management.

With a background as an organisation development professional, I draw on the practices of learning (action research) and systems thinking and mutually beneficial outcomes to help people find 'the difference that makes a difference'.

Not surprisingly, my thesis draws on my work and my work draws on my thesis *"Leveraging systems thinking and action research principles for organisation development: An insider-action research perspective."* Needless to say, I am always happy to talk about learning, systems and mutually beneficial outcomes.

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Words of hope

By Lynne & Wayne Kramme

Our Quote

“Death and life are in the power of the tongue”

Author

Proverbs 18.21, Bible

How This Quote Inspires Us...

Sound strong words? We have seen many people's careers, marriages, children and minds destroyed by harsh words, criticism and judgements.

If we can encourage one another and lift each other up when we fall (even though we might see the blatant faults in each other), we will be doing good in a world that many say is too quick to condemn. Even a smile can make a person's day....and it's free.

You don't know what the person next to you is really thinking on the train, at work, at your children's end of school break up. Are they lonely, sad, angry, hurt? Make it your goal to say an encouraging word to every person you meet today, and see the light of hope shine in their eyes. The best food for the soul is fresh words of hope.

About Lynne & Wayne

We run a Farming Enterprise and Consulting and Training Business called **Direction** in the Foothills of the East Gippsland Tambo Valley. We have a passion for people and personal growth and have facilitated groups extensively over the past 10 years. Helping people aspire to the personal and professional level they are capable of is foremost on our agenda for 2011.

We have three daughters, plenty of animals and a desire to build on the experience we already have and continue to help others both in Metropolitan and Regional areas.

Success is about more than just hard work

By Tanya Rutherford

My quote

"The worst bankrupt in the world is the man who has lost his enthusiasm. Let a man lose everything else in the world but his enthusiasm and he will come through again to success."

Author

H.W. Arnold

How my quote will inspire me in 2011 and beyond

So often we come across teams where individuals, or perhaps the entire team, have lost their enthusiasm – their reason to get up and go to work.

I love what I am doing in my own work – and because of that, love to help others rediscover their spark! Life is, after all, too short and too fragile to waste one third of our daily lives in misery – particularly when there is an alternative! My goal for this year will be to focus on motivating people – be that through workshops or by helping realign what they are doing so that they can see how much they are contributing to their organization.

About Tanya

I have my own business **TMRutherford – Coaching & Consulting** with businesses and individuals to help them realize their potential and bring out their best! Success for business is more than having the right systems and processes in place and expecting people to fall into line. People are the most important resource in a business, and we should be investing in them accordingly.

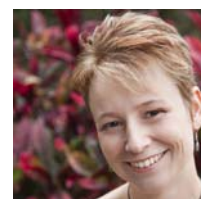
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Spend yourself in a worthy cause

By **Darren Harris**

My Quote

“It is not the critic who counts, not the man who points out how the strong man stumbled, or where the doer of deeds could have done better. The credit belongs to the man who is actually in the arena; whose face is marred by the dust and sweat and blood; who strives valiantly; who errs and comes short again and again... who knows the great enthusiasms, the great devotions and spends himself in a worthy cause; who, at best, knows in the end the triumph of high achievement and who, at worst, if he fails at least fails while daring greatly so that his place shall never be with those cold and timid souls who know neither victory nor defeat”.

Author

Theodore Roosevelt

How this quote inspires me toward greater success in 2011 and beyond

This quote has been on my wall for approx 18 years and reflects the attitude I want to have. It inspires me because of the industry I'm in and have been in both as a player and coach. I want to be a player driven coach whose key values or foundation for coaching are caring and support. In the AFL industry there is a lot of criticism of players and coaches. I want to remember how hard the game is to play and continue to applaud the efforts of the athletes that choose to play it. Being on the 'inside' I often read things that are far from the truth. This quote helps me to remember why I love the game. One of my mottos is “be the best you can be”. This quote is all about giving everything you have to a cause. The other part to it for me is finding the best in people that are having a go. Winning is important but you can't forget what you learn on the journey to get there.

About Darren

The aim for me every season is to win a premiership. I am currently employed by the **Carlton Football Club** as a development manager and VFL senior coach with the Northern Bullants.

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Discover the Beat of Your Healthy **Heart**

By **Shane Stubbs**

My Quote

“Purpose is the engine that powers our lives”

Author

Dr Dennis Waitley

How this quote inspires me for 2011 and beyond

All our objectives are driven by what they mean to us. Overcoming obstacles, and arriving at a destination is in direct proportion to the intensity of why you want it. Skill, circumstances, and a support network can all be created by if the dream is big enough.

About Shane

I aim to reach 25,000 people with our mission – to lower their risk of a heart attack or stroke – our number one killer; 132 people per day in Australia. Our focus is Local Government Australia wide & Corporate Australia. I aim to continue studying life and making a difference – which is never completed.

My father died from a heart attack at 47 years old – unexpected and on the spot. It shattered our family and destroyed the chance of growing old together. Since that day in 1989 over 1 million other Australian families have experienced the same thing from our number one killer. **Discover the Beat of Your Healthy Heart** was born out the pain of loss, a loss that does not have to happen.

Today we are the only Heart Health Entertainment Educators that exist in a world where cardiovascular disease kills more people than anything else.

Contact Shane

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Psyched Up! about 2011

By Mark Matheson

My Quote

“Until one is committed, there is hesitancy, the chance to draw back. Concerning all acts of initiative (and creation), there is one elementary truth, the ignorance of which kills countless ideas and splendid plans: that the moment one definitely commits oneself, then Providence moves too. All sorts of things occur to help one that would never otherwise have occurred. A whole stream of events issues from the decision, raising in one's favor all manner of unforeseen incidents and meetings and material assistance, which no man could have dreamed would have come his way. Whatever you can do, or dream you can do, begin it. Boldness has genius, power, and magic in it. Begin it now.”

Author

Usually attributed to Johann Wolfgang Van Goethe, but actually quoted by **William Hutchinson Murray** (1913-1996) in his book *The Scottish Himalayan Expedition*.

Murray's book (J.M. Dent & Sons Ltd, London, 1951) details the first Scottish expedition in 1950 to the Kumaon range in the Himalayas, between Tibet and western Nepal. The expedition, led by Murray, attempted nine mountains and climbed five, in over 450 miles of mountainous travel. The book is out of print and can cost over \$100 from used book sellers.

How this quote will inspire me in 2011

2011 sees my company '**Psyched Up!**' move into a new prominence in my life. Time to sink or swim! The original decision to move from the shackles of paid employment to self-employment was based on the belief that 'Providence' will provide.

About Mark

In 2011 I hope to achieve sustainable self-employment as I will be the Owner/Director of **Psyched Up!**

In addition I will be studying a Graduate Certificate in Sustainability

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Looking forward in 2011!!

By **Pranita Fernandes**

My Quote

"If you focus on what you left behind then you will never be able to see what lies ahead."

Author

From the animated movie "Ratatouille"

How this quote inspires me for 2011 and beyond

While my university life was great and highly rewarding, I am now preparing myself for role of a full-time working professional in 2011. The quote reminds me to be open to learning from new experiences and the challenges that lie ahead, be accepting of change and remember to take the ups and downs of the coming year in my stride.

About Pranita

I have completed my Bachelor of Commerce (Accounting) and LLB (Law) at **Monash University** this year and I will be commencing a graduate position at **Ernst & Young** (Melbourne) in 2011.

Contact Pranita

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Don't sweat the small stuff!

By Debra Kruske

My Quote

"Don't sweat the small stuff"

Author

Richard Carlson

How this quote inspires me for 2011 and beyond

This quote reminds me to stay focused on the greater vision and goals that I have set for myself both personally and professionally. It is very easy sometimes to get caught up in the day to day challenges and forget the bigger picture. The quote also reminds me to only expand energy on important things that contribute to achieving my goals and let go of incidental things that have the potential of sometimes becoming my whole life. The quote also reminds me to go with the flow and believe that I can do anything that I allow myself to do.

About Debra

Debra is the Program Manager at **Service Skills Victoria** and is considering enrolling into a Certificate in Governance Practice.

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Hard work does pay

By Meheroon Nisa Abdul Malik

My Quote

“Leaders aren't born, they are made. And they are made just like anything else, through hard work. And that's the price we'll have to pay to achieve that goal, or any goal.”

Author

Vince Lombardi

How this quote inspires me for 2011 and beyond

I have achieved 25% of what and where I want to be. Hard work has brought me here and will take me to where I want to be. I do not want to be just a successful leader but create more successful leaders with me and them – MLM leadership!

About Nisa

I am an Assistant Vice President in a bank in Malaysia. I have recently completed Masters in Banking and Finance from Monash University, Melbourne in 2010. In Dec 2011, I want to be able to summarize my 2011 achievements and not create a 2012 resolution. I have plans and with hard work, my plans will be my achievements.

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The power of sharing

By Attipoe-Coffie Samuel

My Quote

It is one of the most beautiful compensation of this life that, no man can sincerely try to help another without helping himself.

Author

Ralph Waldo Emerson

How this quote inspires me for 2011 and beyond

The fact of the matter is that any time I try to help somebody in life the outcome is fantastic.

About Samuel

I hope to establish a financial company

Currently, I am a co-director of Fedalays Company Limited, Ghana and I am the Head of Operations.

My little experience is that whenever an organization goes the extra mile to serve the customer, the sky is the limit.

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The OTM Academy

The OTM Academy is an Online Community established by Gary Ryan, founder of [Organisations That Matter](#). The OTM Academy exists to provide personal and professional development for individuals. In enabling individuals to develop to their full potential, the OTM Academy has a positive influence on organisations and their culture. Ultimately it is individuals and the way they work that creates an environment where an organisation can matter to its people, the people it serves and the broader community.

When an organisation matters to its people, the people it serves and the broader community it guarantees its existence and long-term sustainability. Engaged staff, high performance and innovation are just some of the benefits of an organisation that matters.

Join the OTM Academy to access:

- Mentoring services
- Ebooks
- Books
- Webinars
- Forums
- Videos
- Online Courses
- Special focus groups
- And much more

Gary Ryan facilitates the following programs for corporate, elite sport, tertiary and government sectors:

- [Strategic Conversations](#)
- [The OTM Plan For Personal Success™ Program](#)
- [Teams That Matter®](#)
- [Leadership That Matters®](#)
- [The OTM Service Strategy®](#)
- [And much more](#)

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